



## RECCOMENATION FOR FUTURE WORK IN THE FIELD OF HEALTHY LIFESTYLE FOR AGING WELL

Project: HEALTHY LIFESTYLE FOR AGING WELL

<b>1.</b>	<b>MUCH ATTENTION SHOULD BE GIVEN TO QUALITY OF THE HEALTH INFORMATION PRESENTED IN THE MEDIA</b>
<b>2.</b>	<b>HEALTH EDUCATION AND HEALTH MATERIALS SHOULD BE SIMPLE, WITHOUT MEDICAL JARGON/DISCLOSURE HEALTH INFORMATION IN EASY – FRIENDLY FORMATS AND CHECK IF THAT INFORMATION WAS PERCEIVED AND RECALLED.</b>
<b>3.</b>	<b>HELP PEOPLE WITH LIMITED HEALTH LITERACY TO DECODE, APPRAISE AND APPLY HEALTH INFORMATION</b>
<b>4.</b>	<b>DESIGN AND IMPLEMENT HEALTH EDUCATIONAL AND DISEASE SELF-MANAGEMENT PROGRAMS/ACTIVITIES TAILORED TO POPULATION NEEDS AND HEALTH LITERACY LEVELS</b>
<b>5.</b>	<b>FOSTER HEALTH KNOWLEDGE AND BEHAVIOURS ON CHILDREN SO THAT THEY WILL BE ABLE TO ACHIEVE EXCELLENT HEALTH LITERACY, BE EMPOWERED CITIZENS AND ACHIEVE GOOD HEALTH AND WELLBEING</b>
<b>6.</b>	<b>EDUCATION – HOW TO TAKE CARE OF HEALTH OF NURSES WHEN THEY WORK WITH ELDERLY PEOPLE</b>
<b>7.</b>	<b>QUALITATIVE RESEARCH SHOULD BE MORE ENCOURAGED TO FIND OUT WHAT CAUSES DIFFICULTIES AND LIMITATIONS IDENTIFIED</b>

Coordinator of the project

Partners of the project

